



Equipment for a horseback riding tour en Chile

- **Sleeping bag**
- **Sleeping pad**, as light as possible (avoid self-inflating pads)
- **Lycra riding pants** or comfortable jeans, hopefully without inseams. Prefer long-legged, non-slippery pants.
- **Footwear**: preferably trekking or hiking boots with a good sole and a heel, ankle protection and heavy-duty treading. For a better grip of your horse, knee-high leather gaiters may be used.
- **Helmets**: If you prefer riding without a riding helmet, you should carry a sunproof/sunblock hat, such as a cap (although your neck is unprotected) or a broad-rimmed hat. You must protect yourself from UV radiation in Chile, as it is stronger than in Europe or North America, even under cloudy conditions.
- **Clothing** should be warm, comfortable, and out of sweat and tear-proof material. Long sleeve T-shirts protect you from the sun and from thorns, ticks and other insects. Wool or polypropylene clothing should be considered for cooler weather conditions. Waterproof Mac and trousers, or a rain poncho (avoid oilskin jackets or raincoats - they are too heavy!).
- **Undergarments** should be loose fitting and preferably seamless. Prefer lycra or well-designed underwear, trekking socks.
- **Gloves** are not necessary for Chilean style riding, although they could become handy at lower temperatures.
- **Eyewear**, sunglasses with 100% UV protection (look for the CE sign)
- **Pocketknife**
- **Flashlight of forehead light** (with spare batteries)
- **Insect repellent**
- **Sun block** (minimum SPF 20, all skin types)
- **Drinking bottle** (prefer 2 small ones over 1 large for weight balance)
- **Swimming costume**
- **Trekking sandals or flip-flops**
- **Camera** (with spare batteries and film)
- **Lighter and matches** (both have advantages and disadvantages)
- **Plastic bags** (to protect luggage, for laundry and garbage)
- **Photocopies of important documents** (we recommend leaving original documents at the ranch).
- Bring your **passport** (if taking tours to the Andes or if you are planning to cross the border into Argentina)
- **First-aid kit**
- Small **backpack** (approx. 25 l)
- Water cleaning pills
- Small food storing bags (lunchbox)
- Maps and books